

# THE COMPASSIONATE FRIENDS

A self-help organization offering friendship and understanding to bereaved families

## Inside Valley Forge

Meetings are on the first Thursday of every month, at 7:45 PM (ending at 9:30 PM) We meet at Good Shepherd Lutheran Church, Founders Hall, Valley Forge Road and Henderson Rds., King of Prussia, PA

For info call Rhonda @ (484) 919-0820

### Meeting Schedule and other TCF Events of Interest

As you know, no meetings are allowed, due to the Coronavirus, so we have cancelled our meetings for the time being, conditions are changing and we will be allowed hopefully to meet again soon. Not in June but probably in July.



We encourage newsletter writings from our members. You may also submit articles written by others. Please include the author of all articles submitted. The cut off date for newsletter entries is the 15th of the preceding month. Articles should be sent to the newsletter editor.

There are no dues or fees to belong to the Compassionate Friends, or to receive our newsletter. Your tax deductible donations (which we call love gifts) given in memory of your loved one enables us to defray the cost of the chapter expenses, particularly the newsletter, meetings and our outreach to the newly bereaved. Please include any special tribute you wish printed in the newsletter along with your gift.

If you donate to the United Way at your place of work, and wish your contribution to go to the Valley Forge Chapter of the Compassionate Friends, you may do so by entering the Compassionate Friends—Valley Forge Chapter United Way ID # 04-104.

Please make all checks Payable to:  
**TCF VALLEY FORGE CHAPTER**  
Send to Rhonda Gomez

## June 2020

### Chapter Leaders:

Rhonda & Frank Gomez  
12 Brook Circle  
Glenmoore PA 19343  
(484) 919-0820 Chapter cell phone

### Webmaster, Database Record Keeper and Newsletter editor, Frank Gomez

[Frank@tcfvalleyforge.org](mailto:Frank@tcfvalleyforge.org)

### Love Gift acknowledgements:

Connie Nolan

### Treasurer:

Librarian Carole Bailey.

### National Headquarters

PO Box 700

Jensen Beach FL 34957

[Compassionatefriends.org](http://Compassionatefriends.org)

### TCF Mission Statement

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild and helps others better assist the grieving family.

## **NEW FRIENDS**

We welcome our newly bereaved friends, sorry for the cause that brings you. We all have been in the depths of despair, and offer unconditional love and understanding to all of you, it sometimes takes several meetings to feel the full benefit of group sharing. We offer confidentiality, unconditional love and understanding to all of you.

## **TREASURER**

Our chapter is in need of a Chapter Treasurer. Please contact Rhonda Gomez if interested at

**484-919-0820**

## **LOVE GIFTS**

**Harry & Mairily Spiess in memory of their son Ryan and grandson Charlie Smith**

**Michael Gormish In memory of his brother Douglas Moyer**

**Palma M Panichello in memory of her son Joseph 6/7**

**Below, all the articles you sent...**

**If you did not send anything, this is what you will get...**

**Empty pages.**





## **OUR CHILDREN & SIBLINGS LOVED, SADLY MISSED AND REMEMBERED**

Each month some of us must face those special, but difficult days of birthdays and anniversaries. This month we ask your thoughts and prayers for the parents, siblings, relatives of the following children.

We will no longer list the birth and death years of deceased persons in our newsletter. We have concerns this information could be misused, and result in an adversity for the families.

# **ANNIVERSARIES**

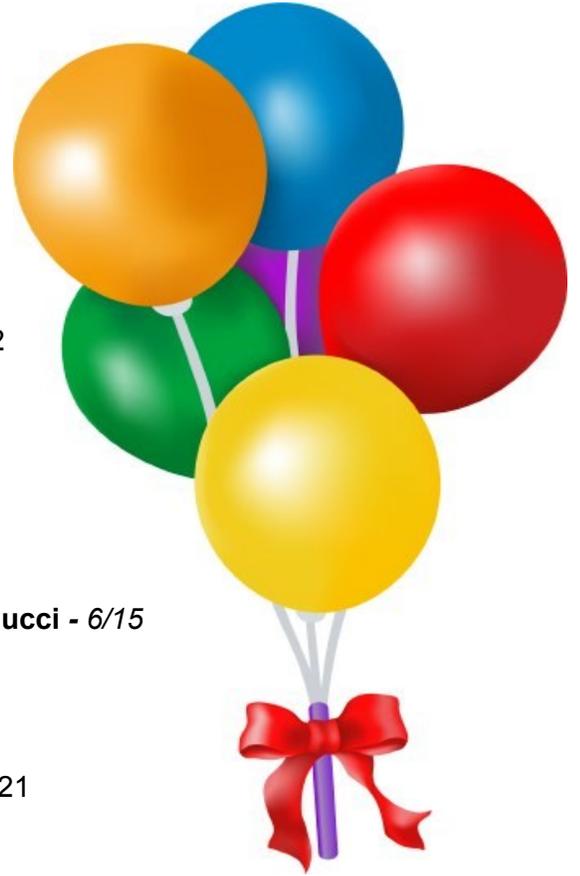
- Shirley & Lex Bono** - son - **Greg** - 6/13
- Robyn Buseman** - daughter - **Maya Buseman-Williams** - 6/28
- Chris Carlton** - brother - **Eric** - 6/17
- Hazel Corbin** - daughter - **Dayle C Rutledge** - 6/18
- Alex Crisanti, Jr.** - son - **John Crisanti** - 6/3
- Joanne De Felice** - son - **Joseph** - 6/27
- Jim & Ruth Fairley** - son - **David Fairley** - 6/27
- Bill & Karen Flavin** - son - **Chad Flavin** - 6/18
- Marco & Patricia Giubilato** - daughter - **Robin Giubilato Zarelli** - 6/9
- Sandra Greenly** - son - **Michael Greenly** - 6/28
- Kristen Hallman** - brother - **Joey** - 6/21
- Mary Lou Harrison** - son - **Lance 'Scott' Harrison** - 6/12
- Robin Hayman** - son - **Bradley Hayman** - 6/21
- Jack & Dee Heil** - daughter - **Susan Lynn Dina** - 6/8
- Debbie Helman** - son - **Adam** - 6/28
- Gail & Calvert G. Hess, Jr.** - son - **Calvert G. Hess, III** - 6/18
- Craig Horwitz** - daughter - **Kimberly** - 6/11
- Jan & Dan Jackson** - son - **John Jackson** - 6/27
- Lesley Jones** - son - **Christopher** - 6/10
- Roxanne Kamilatos** - daughter - **Dina** - 6/30
- Joan Kelly** - daughter - **Joan Barbara** - 6/8
- Shirley Kennedy** - husband - **Philip C. Kennedy** - 6/6
- Wendy Kuhn** - brother - **David** - 6/6
- Teresa & Bill Lattanze** - daughter - **Jodi Noell Lattanze** - 6/14
- Susan Leonard** - grandson - **Nathan** - 6/3
- Andie Lunkenheimer** - brother - **Brennan** - 6/15
- Sharon Mallozzi** - son - **Anthony** - 6/5

**Betty Manzi** - grandson - **Ronnie T. Seal, Jr.** - 6/2  
**Elaine Marino** - granddaughter - **Kaitlyn Rose Boyer**- 6/22  
**Sue McMaster** - cousin - **Patty** - 6/16  
**Cameron and Sandra Meikle** - daughter - **Laura** - 6/13  
**Kathleen Mitchel** - son - **Steven** - 6/29  
**David & Donna Morrell** - son - **Matthew Morrell** - 6/27  
**John & Mary Ann Murphy** - daughter - **Maureen Murphy** - 6/11  
**Ann Murray** - son - **Jonathan Rapoport** - 6/15  
**Bonnie Nimerfroh** - son - **David** - 6/6  
**Maureen O'hara Munoz** - daughter - **Teresa** - 6/9  
**Maurice & Ruth Onraet** - son - **Thomas** - 6/29  
**Deborah Osting** - son - **Christopher Daniel Osting** - 6/10  
**Sharon Ott** - daughter - **Amber** - 6/8  
**Sam & Palma Panichello** - son - **Joseph Panichello** - 6/7  
**Linda & Andrew Peoples, Jr.** - son - **Brian A. Peoples** - 6/27  
**Elise Rice** - husband - **James W Rice Sr** 6/27  
**Carl Rudegeair** - son - **Adam** - 6/28  
**Lisa and John Russo** - son - **Casey** - 6/23  
**Frank and Kay Shinnors** - son - **Erik Shinnors** - 6/24  
**Barbara Smisko** - daughter - **Linda** - 6/30  
**Janemarie Smith** - daughter - **Beth Jovanovic** - 6/13  
**Karen & Alan Stoner** - daughter - **Holly Patricia Stoner** - 6/13  
**Chris & Larry Teal** - son - **wade Teal** 6/16  
**Allan Thomas** - son stilborn - **Tommy Odine** - 6/22  
**Pat Villante** - daughter - **Laura** - 6/16  
**Jackie Ward** - grandson - **Anthony** - 6/16  
**Sandra & Harry Wolfheimer** - daughter - **Ann Marie Wolfheimer** - 6/19



# BIRTHDAYS

, **Gary & Phyllis Adler** - son - **Matthew** - 6/15  
**Emily L. - Alm** - son - **Bryan W. Alm** - 6/3  
**Julie - Beasley** - son - **Aaron** - 6/4  
**Lisa - Bellopede** - son - **Johnny** - 6/24  
**Adam - Blasucci** - brother - **Danny** - 6/8  
**Lisa - Bledy** - sister - **Danielle Bledy** - 6/2  
**Jeff & Donna Brown** - son - **Kenneth Bernstiel** - 6/2  
**Suzanne - Carcarey** - son - **Eddie** - 6/22  
**Becky & Frank Clark** - daughter - **Lisa** - 6/22  
**Rose Marie Cote** - son - **Mark J. Cote** - 6/3  
**Barbara - Cotteta** - granddaughter - **Denise** - 6/11  
**Tina & Mike Cusamano** - daughter - **Amanda Angelucci** - 6/15  
**Carol Dawidziuk** - daughter - **Rachel** - 6/2  
**Helen Deery** - son - **Ronald J. Deery- Jr.** - 6/2  
**Susan Dehlinger** - daughter - **Amy M Dehlinger** - 6/21  
**Shirley & Herb- Druker** - daughter - **Heidi** - 6/11  
**Herman & Lily Eason** - son/stepson - **Peter Montijo** - 6/1  
**Bridget & David- Ellison** - daughter - **Caroline** - 6/2  
**Colleen and Dan Fledderman** - daughter - **Amy** - 6/2  
**Denise & Edward Frazier** - son - **Akhir** - 6/3  
**Carolyn & Allen Gephart** - son - **Joseph Malec** - 6/11  
**Craig & Kathleen- Gerland** - daughter - **Alexis** - 6/20  
**Linda & Steven Gilbert** - daughter - **Pamela Gilbert** - 6/28  
**Thomas & Anne Glenn** - daughter - **Lauren Glenn** - 6/10  
**Herb & Karen Grant** - son - **Shaun** - 6/13  
**Robert & Kathleen Grossi** - son - **James Michael Grossi** - 6/30  
**Brittany - Hackman** - brother - **Brian** - 6/3  
**B Brooke - Hackman** - son - **Brian** - 6/3  
**Ronald J. & Margaret Halas** - daughter - **Desiree A. Halas** - 6/2  
**Jack & Dee - Heil** - daughter - **Susan Lynn Dina** - 6/4



**Nancy Lee & Jerry Hess** - son - **Jerry R.L. Hess** - 6/30  
**Rick & Susan Hilseberg** - daughter - **Amy** - 6/11  
**Mark & Vicki Hoffman** - son - **Eric Daniel Hoffman** - 6/4  
**Tammy & Allen Howard** - daughter - **Brianna Nicole Howard** - 6/9  
**Carl and Dorothy Johnson-Speight** - son - **Khaaliq Jabbar Johnson** - 6/26  
**Janet & Dave Keller** - son - **Joseph E. Keller** - 6/1  
**Mary Pat - King** - son - **Griffin Scott Gearhart** - 6/26  
**Teresa & Bill Lattanze** - daughter - son - **William Noel Lattanze** - 6/10  
**Susan - Leonard** - grandson - **Nathan** - 6/3  
**Greg & Anita Lewicki** - son - **Eric Stephen Lewicki** - 6/1  
**Stacy - Ludy** - granddaughter - **Anastasia** - 6/6  
**Carl & Josie Malitsky** - daughter - **Cynthia Malitsky** - 6/27  
**Elaine Marino** - 'daughter in law' - **Lisa Marino** - 6/1  
**Barbara Meisenhelder** - daughter - **Renee Meisenhelder**  
**Kathleen Mitchel** - son - **Steven** - 6/25  
**John & Mary Ann Murphy** - son - **Thomas Patrick Murphy** - 6/16  
**GEORGE & ESTELLE - NULL** - daughter - **Kathleen Kathy Null** - 6/18  
**Thomas & Demetra Patukas** - son - **George Thomas Patukas** - 6/12  
**Kathy & Jim Petrokubi** - son - **Andrew** - 6/20  
**Tony & Laurene Quercetti** - daughter - **Christine L. Quercetti** - 6/5  
**Marge - Randolph** - son - **Doug Fixter** - 6/19  
**Ron & Sandy Ruth** - son - **Brian David Ruth** - 6/15  
**Jackie Savage** - Granddaughter - **Gwen** - 6/25  
**Beth Schad** - son - **Gage** - 6/5  
**Donna & Eric Schaertl** - son - **Jared M. Schaertl** - 6/14  
**Suzanne Schoenhut** - son - **Joe** - 6/29  
**Anna Schwarz** - son - **Jerrold Schwarz** - 6/11  
**Fietta Sherlock** - son - **Jeremy** - 6/11  
**Howard & Margorie Silverman** - daughter - **Avery Silverman** - 6/23  
**Matthew Silverman** - sister - **Avery Silverman** - 6/23  
**Sheila & Jim Smith** - son - **Seth Richter** - 6/10  
**Philip & Ilene Spector** - neice - **Avery Silverman** - 6/23  
**Gerard & Jane Thimm** - son - **Gary Thimm** - 6/18  
**Allan Thomas** - son - **Tommy Odins** - 6/22

**Lynn & Tim Tumminello** - daughter - **Natalie** - 6/29

**Mary- Walker** - daughter - Susan - 6/28

**Jamie (Germaine) Cote** - **Weaver** - brother - **Mark Cote** - 6/3

**Alice Weaver** - daughter - **Kristen** - 6/7

**Kevin Welde** - brother - **John Welde** - 6/6

**Dave -White** - son - **Randy** - 6/28

**Laurie Wyche** - son - **Jameson Wyche** - 6/27

## END OF THIS NEWSLETTER?

I have published this newsletter for 10 months and we have not found anyone who would step up and take it over. I am too old to be doing this and I don't have what it takes to publish a vibrant, interesting, informative publication.

I also have been asking in every issue subscribers to help me with articles for this newsletter. To the date I have received probably 3 short articles. In the meantime I have been copying articles from old newsletters and everybody seem to be happy... but that is not right.

This Chapter has 666 registered members and I expect at least 10 of them to contribute to fill the pages of this publication every month. 666 people who have loved ones that... do not count? Have you forgotten them? Don't you care for them any more? Don't they deserve at least a few minutes of your busy schedule every month to write something and send it to me?

NO, it is not 666, it is many more because over half of the 666 are couples. That makes it over 1000 people who should be caring more for their loved ones. Just giving money to us so we can continue publishing this is not the issue. You have to show to yourself that you have not forgotten your loved ones, that you still care for them and that at least once a month you think about them.

While I printed this publication 10 times, I have been looking for the best company that can print our publication for less. I went from Staples at over \$900 to what we have right now, John Patrick Publishing Company in Trenton who charges us about 180 per month for 12 pages and we are allowed to have color in every page. JPPC is the company that prints the bulletins for over 500 churches in the Eastern US. I have been printing 350 copies every month and I have been sending close to 350 via Email, only, this has to change because I have not been allowed to send any email newsletters in the last 2 months.—Google at work!

This time around, I will be sending all 666 newsletters via US Mail. Yes, bulk email. More expensive, but very reliable also. I will get back to using the email when I am sure that every copy will be delivered. In the meantime you are getting the hard copy.

**Treasurer:** As you know, our treasurer Emil Nunez died last month and now we find ourselves managing the meetings as well as the money. That has to change. We need someone who will take over the duties of the treasurer. It is not much but it has to be done. Write a few checks every month so we can pay the printer and the post office and any other incidentals we may have. Also as a treasurer, you will receive all the donation checks which have to be deposited. At the end of the year there is a report which we have to send to Compassionate Friends National Office.

I will continue publishing this newsletter until the end of this year. You will notice that there is not too much in the way of articles, poems or writings, that is because you have not contributed to help fill the blank pages. I am stepping down as of the end of the year.

**New Leaders:** We have been the leaders for 8 years. Anybody would tell you it is time to switch. Even 2 years is long enough, and this chapter needs new leadership, younger leadership with the energy to come up with new ideas, ways to attract new members and keep them busy, put together a welcome package for the new members so they know what to expect from this membership.

In closing, there will be no newsletter come January 2021 unless someone steps up to the plate. I will continue being a regular member, and will continue coming to the meetings. Next, we need a treasurer. The leaders can not be treasurers. We also need a steering committee put together so meetings are scheduled and decisions for the chapter are made. Please volunteer.

Frank Gomez—Co-leader





## The Compassionate Friends Credo

**We need not walk alone. We are the Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.**

**We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds and relationships. We are young and we are old, some of us are far along in our grief but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope.**

**Some of us have found our faith to be a source of strength. While some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression; while others radiate an inner peace. But whatever pain we bring to this gathering of the Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.**

**We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts and help each other to grieve as well as to grow. We need not walk alone, we are the Compassionate Friends.**



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Valley Forge Chapter  
of the Compassionate Friends  
Frank & Rhonda Gomez  
Chapter Leaders  
12 Brook Circle  
Glenmoore PA 19343

***A bereavement organization  
For parents, siblings and families  
We offer friendship, love and understanding  
We talk, we listen, we share, we care.***

